

HELP US SAVE THE EARTH (AND HOLD DOWN COSTS)

Please provide your e-mail address to us by sending it to liz@rhinebeckequine.com. We can help the environment and decrease our costs by sending newsletters and other communications electronically. We would also appreciate an update of any change in your address, phone numbers, or the location of your horse so we can contact you promptly in the case of an emergency.



PICKING UP MEDS?

Please call or fax in your order by 9 AM for medications you wish to pick up during the day. We have recently secured our pharmacy, and it is currently only staffed for a few hours in the morning and a few hours in the afternoon. Without advance notice of your order, there could be a longer wait for your medications. This is particularly important on Saturdays, because if a doctor is not available, the pharmacy will not be accessible. We apologize for any inconvenience this new policy may cause. Thank you for your understanding.

With a credit card on file, or payment upon receipt, pharmaceuticals can be purchased for a substantial discount. Before you place that next catalog order, be sure to compare our prices. We aim to provide you with the best service and prices that we can.

Because we are keeping less inventory in stock, if you regularly purchase certain items please make a note to call us before you are getting low, so we can be sure to have some on hand.

Paul C. Mountan, DVM
James D. Mort, DVM
Jeffrey A. Williams, DVM
Amy L. Grice, VMD
Nina Deibel, DVM



Rhinebeck Equine, L.L.P.

A Lifetime of Caring

Lance H. Bassage, II, VMD, DACVS
Heather J. O'Leary, DVM
Andrea Sotela, DVM
Dr. Emma Adam, B. Vet. Med.,
DACVIM, DACVS

ADVANCED DIAGNOSTICS AND TREATMENT AVAILABLE

Our **MIE nuclear scintigraphy** ("bone scan") unit has continued to be very helpful in diagnosing complicated or chronic lameness, back and pelvic soreness, and differentiating between multiple areas of concern. To perform a study with this unit, a radioactive marker called technetium is administered to the horse at the hospital. This substance accumulates more strongly in areas of inflammation and regions that have increased bony remodeling. After a waiting period, the patient is scanned with a gamma camera that detects the low levels of radiation, and can distinguish subtle bony changes that would not be easily visualized with radiographs or ultrasound. This unit significantly enhances our diagnostic capabilities.

We also offer **Platelet Rich Plasma (PRP)** and **IRAP** injections for our clients' horses. Please let us know if you wish to have more information on these new treatments for musculoskeletal injuries and inflammation.

In addition, high-resolution ultrasound, videoendoscopy and videogastroscopy **remain available for diagnostic use and shock wave (ECSW) for therapeutic purposes.**

To meet our client requests for digital radiology technology, we have two Eklin digital radiology units. If you wish to have digital radiographs taken, please call in advance to schedule this popular modality.

DR. EMMA ADAM-NEW MEMBER OF OUR SURGERY TEAM

Dr. Emma Adam B.Vet.Med.,MRCVS, ACVIM, ACVS has been on the team at Rhinebeck Equine since January, and has met many of you and your horses already. Dr. Adam, a native of England, attained her board certification in equine surgery as well as internal medicine. Her dual specialties make her an exceptionally well-qualified veterinarian, and we are thrilled to have her with us in Rhinebeck. In the short time that she has been with us, she has already gained a following.

After completing her veterinary training at the Royal Veterinary College at the University of London, Dr. Adam spent a year as an intern at Colorado State University. She then completed a three year internal medicine residency at Texas A&M, after which she began a three year surgical residency at the University of Pennsylvania. After a year at Equine Sports Medicine and Surgery in Weatherford, TX, Dr. Adam was recruited for the Ruffian Equine

Medical Center. We are delighted to now have Dr. Adam on our staff, and look forward to a long relationship.

A true animal lover, Dr. Adam has two devoted dogs named Ethel and Roo, and also owns a palomino QH gelding named Joe who is a talented jumper and the love of her life.

Dr. Adam is available at Rhinebeck Equine for orthopedic and soft tissue surgery, outpatient appointments, and will also be seeing surgical and medical emergencies at the hospital. In addition, Dr. Adam will be making a limited number of farm visits for prepurchase exams, lameness evaluations, and medical and surgical consultations. She will also provide musculoskeletal evaluation of young stock by special arrangement. Please call the office to schedule an appointment with Dr. Adam, and please join us in welcoming her to the Hudson Valley.



Summer 2009 Newsletter

26 Losee Lane • Rhinebeck, New York 12572

A Lifetime of Caring

Rhinebeck Equine, L.L.P.



FAREWELL TO DRs. FISH, HELLMAN AND WEEKS

Time has flown for our 2008-2009 interns, and as we bid them goodbye, we have many happy memories of their time with us. Many of you have had the chance to work with them, and will miss their cheerful and meticulous care of your horses. Dr. Brady Hellman has gone on to a position as an associate equine veterinarian in Burlington, VT. Dr. Emily Weeks has joined Banfield, The Pet Hospital just outside Washington, D.C. as an associate. At press time, Dr. Liz Fish is still evaluating offers from practices in Pennsylvania and New York, but will be working for Rhinebeck Equine as a temporary associate during the summer months. We will miss them all!!

NEW INTERNS BEGAN JUNE 8TH

Our 2009-2010 interns began their year with us on Monday, June 8th, and come to us from several parts of North America.



Dr. Megan Fine, a native of Wisconsin, graduated from University of Wisconsin School of Veterinary Medicine. She has a special interest in lameness, reproduction, and dentistry. Recently married, she and her husband plan to honeymoon next summer in Mongolia and China. She has two dogs.



Dr. Inga Karasek attended St. Georges University School of Veterinary Medicine in Grenada, and did her clinical year at Texas A&M. She is a native of Toronto, Canada, and grew up in Saudi Arabia and England. She has two dogs and two horses. She is very interested in orthopedics and lameness, and may pursue a surgical residency.



Dr. Whitney VanWinkle grew up in Florida, and attended the University Of Pennsylvania School Of Veterinary Medicine. She has a dog, a cat, a macaw, and a Paso Fino stallion. She has a strong interest in lameness, and wishes to pursue a residency in equine surgery after completion of her internship.

Over the coming year you will have the opportunity to meet all of these talented young veterinarians as they rotate duties through the hospital and on ambulatory calls.

DR. HEATHER O'LEARY NOW CERTIFIED IN ANIMAL CHIROPRACTIC

Dr. O'Leary has now become certified in animal chiropractic, a complement to her training in acupuncture. Her training has prepared her to perform diagnostic and therapeutic chiropractic and acupuncture techniques on horses and other animals. She is excited to be offering this modality. Please call the office to schedule an appointment for these services.

JUST A REMINDER

Our credit policy states that all accounts must be paid in full within 30 days. In the event that payment is not received within 60 days no additional credit will be extended and all future services will have to be paid at the time of service. This has been our policy for many years, and in these economic times we must adhere to good business practices. Please call our accounting office with any questions or concerns about your account. We also offer CareCredit for those in need of other arrangements. .

THE NEWEST AND MOST EFFECTIVE DEWORMING STRATEGY

Development of resistance in parasites has been an ongoing concern, but has recently been of increasing importance. In order to minimize further resistance, it is important to target the use of deworming products only for those horses that require their use. In addition, it is important to use only those products with high efficacy. The best way to monitor your horse's parasite burden is to periodically have quantitative fecals performed. One fresh fecal ball from each horse should be brought to our office for analysis, preferably 6-8 weeks after the last deworming. You can refrigerate the sample overnight, or bring us one straight from the horse! Results are available in several days, and will be reported in eggs per gram of feces. Egg counts below 100 eggs/gram are acceptable, and many horses we test have 0 eggs. Your veterinarian will give you an individual plan for deworming your horse based on the fecal results.

If horses are not passing eggs, they do not need treatment with deworming medications. The exception to this rule is with tapeworms. Tapeworm adults pass eggs only sporadically, so a negative fecal does not rule out their presence. Because of this we recommend a minimum of annual deworming in the late fall with an ivermectin/praziquantel (Zimectrin Gold, Equimax) or moxidectin/praziquantel (Quest Plus).

ASCARIDS DEVELOPING RESISTANCE-YOUR FOAL IS AT RISK!

Dewormers commonly used to eliminate ascarids from foals have become less and less effective over the last few years. As a result we are seeing many more foals with clinical signs of parasitism: dull haircoat, potbelly, colicky signs, soft manure, coughing and nasal discharge. Currently the most effective treatment for ascarids is a double dose of fenbendazole (e.g. Panacur), given at 60-day intervals. This means giving a 200 lb foal the amount of fenbendazole



paste usually given to a 400 lb animal by dialing the dosage ring to 400 lbs on the tube of paste. This dosage is also available by using Panacur Powerpak tubes, which are already packaged as a double dose. It is not necessary to do a five day course for



elimination of ascarids as is usually done with a Powerpak deworming for encysted small strongyles. Please call our office for further information on deworming, or see your veterinarian.

WHAT YOU SHOULD KNOW ABOUT INSURING YOUR HORSE *By Mary Moeller*



The responsibility of horse ownership presents challenges to your finances especially during the injury or death of your horse. Do I have the money to pay the veterinary bills? Can I afford surgery to save the horse I consider a family member? Can I afford to lose the money I have spent to purchase my

horse? Do I have the ready cash for a new horse? These problems add to your major concern – the well-being of your horse.

At a moment's notice your horse is depending on you for health care. The questions of affording and paying are best answered before your trainer's late night call asking permission to ship to Rhinebeck Equine. "Please care for my horse - I'll worry about the bills later" can result in many sleepless nights.

Insuring your horse takes away some of the financial stress of ownership. The following is a brief description of horse insurance. The descriptions do not include the complete coverage, conditions or exclusions offered in the policy:

Mortality Insurance will pay the value of your horse (not exceeding the insured value) if your horse dies or your veterinarian recommends humane euthanasia.

Major Medical is an addition to the Mortality policy that reimburses you for veterinary care including diagnostics, treatment and surgery. The endorsement has a set maximum benefit paid annually and a deductible for each medical occurrence. It does not pay for maintenance expenses.

Loss of Use is another addition to the Mortality policy that pays a percentage of the insured value of a show horse that becomes permanently disabled. It is important to understand this insurance before you purchase the endorsement.

Insuring your horse is easy. The paperwork required is a simple application, a veterinary exam (depending on the value) and possibly a show or training record. The premiums vary slightly with each company but as an example, a \$20,000. Hunter can be covered for Mortality and Major Medical for under \$1,000 per year. Most companies will offer you premium payment options.

Finally, how do you find an agent and what questions should you ask?

- Choose an agent who specializes in horse insurance. Ask Rhinebeck Equine or your trainer whom they know and respect.

- Get to know the agent, the companies they represent and their involvement in the horse industry.

- Understand the various Insurance coverages and how claims are handled.

- Importantly, ask for a sample copy of the Major Medical endorsement. There are differences in what is covered by each company. A higher limit does not always mean you are getting the best coverage.

- Keep in mind, while cost is important, making sure your coverage, or security and peace of mind, is not compromised by saving a few premium dollars.

Mary Moeller has specialized in horse and farm insurance since 1982.

Mary can be reached by calling Marshall and Sterling at 845-454-0800 ext 224.

She has represented Great American Insurance Company since 1989.